



“Spiritual Revival” International Baptist Church



Bucharest, Romania

CHRISTIAN SUMMER CAMP JULY 25TH, 2022



THE TIME WITH GOD IN HIS WORLD



THE GREAT QUIET TIME WITH GOD IN HIS WORD



Greetings to everybody at the Camp!

Welcome to a Camp of a "Time with God in His Word," and welcome to Great Quiet Time Face to Face with the Word God and With God Himself!

How are you? Maybe this is not what we think the Camp would be like, is it true?

I think this year has had a lot of twists and turns and ups and downs, and not being together at camp is a bummer (a disappointment or unpleasant situation). But guess what? God doesn't live only at camp. God is with you, whether you are at Church or at home, by a lake or in your backyard, or on an apartment balcony.

Take some time over the next few days or a week to dig into these quiet time devotions. Grab a Bible if you have one or pull up a Bible application on your phone. We're going to explore the story of Jesus (Him) and what it means to us and those around us (them).

Are you ready? Then here we go!

DAY ONE

THE TIME WITH GOD IN HIS WORD ACCORDING TO THE GOSPEL OF (MATTHEW 11:25-30), AND AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

25At that time Jesus said, "I praise you, Father, Lord of heaven and earth because you have hidden these things from the wise and learned and revealed them to little children. 26Yes, Father, for this, was your good pleasure. 27" All things have been committed to me by my father. No one knows the son except the father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him. 28" Come to me, all you who are weary and burdened, and I will give you rest. 29Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30For my yoke is easy, and my burden is light."

JESUS DIVINE INVITATION

I. TO HOLINESS.

1. We can understand this divine invitation of Jesus when we are humble in hearts (Matthew 11:25-26).

- Also read (James 4:5-6).

2. We can understand this divine invitation of Jesus when we have a personal relationship with God the Father through Jesus Christ (Matthew 11:27).

- Also read (John 3:35-36).

- Why? Because all authority has been given to Jesus by the heavenly Father, please read (Matthew 28:18).

- Through Apostle Peter, God is inviting us to his holiness, and Read (1Peter 1:15-16).

II. TO LOVE.

1. We can understand this divine invitation of Jesus to love when we see that our souls are dried and tired spiritually (Matthew 11:28).

2. We can understand this invitation of Jesus when we see that sin destroying our lives (Matthew 11:28).

- also Read the divine invitation of Jesus to the living water in (John 7:37-39).

III. TO PEACE.

1. We can understand this divine invitation of Jesus to peace when we see that we need peace (Matthew 11:29).

- Jesus on earth was very humble, and he washed the feet of his disciples in (John 13:12-17).

2. We can understand this divine invitation of Jesus to peace when we desire the beautiful life of Jesus (Matthew 11:30).

- Jesus is our peace giver, and in Him, we can have peace according to his words in (John 14:27).

The solution to our problem we can find in Jesus Chris, and:

- He can take away our burden as he took away the burden of Samaritan woman (John 4:4-26).

- He can take away our burden as he took away the burden of a bleeding woman who suffering for 12 years (Mark 5:24-34).

- He can take away our burden as he took away the burden of a woman who was caught in adultery (John 8:1-11).

- He can take away our burden as he took away the burden of a blind man Bartimaeus (Mark 10:46-52).

Jesus is inviting you now:

- To wonderful life.
- To his holy life.
- To his divine love.
- To his divine peace.
- To his word and transformation.
- To his divine hope.
- To a life change by his power.
- To set you free from sin.
- To a relationship with God.
- To his Kingdom that will be forever.

CLOSING WITH THIS DIVINE INVITATION (MATTHEW), “Come to me, all you who are weary and burdened, and I will give you rest.”

GOD BLESS YOU ALL, AMEN.

QUIET TIME 1 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Genesis 2:1-3**.

DAY TWO

QUIET TIME 1 in the Morning:

God loves us, and we belong to Him

Open your Bible (or a Bible application) to Ephesians Chapter 1. Ephesians is toward the back of your Bible (after Galatians and before Philippians). Read Ephesians 1:3-6.

Wow... that was a LOT of information and big words, right? Sometimes it is hard to understand the Bible, and that has nothing to do with your age or your ability to read. Adults have a hard time, too! (Did you know that?)

In each of these devotions, we're going to walk through 3 important steps for understanding what Bible verses mean.

Step 1: Help!

The first is the most important. We need to start with praying: Asking God to help us understand. Join me in praying these words (you can say them out loud, say them in your head, or write them in a journal. God hears you!):

"Dear God, I am trying to understand these words in the Bible. It is hard, and I need your help. Please show me what the words mean and help me understand. Amen"

Step 2: What does it say?

The next step is reading the Bible verses, reading them again, and thinking about what it says. One way to do this is to look for important words that stand out to you.

Read Ephesians 1:3-6... Then, read it again!

What words stick out to you? Which words seem important? Write them below.

In the Message version of the Bible, it says:

“Long before he laid down earth’s foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love. Long, long ago he decided to adopt us into his family through Jesus Christ.”

Before he made the world, God’s mind was on us! WHAT?

Long, long ago, he decided to adopt you and me into his family.
That’s crazy! And amazing!

Why was God thinking about you before the world was made?
(Hint: Go back and re-read the verses!)

What does adoption mean? And why did God want to adopt us?

Step 3: What am I going to do about it?

Once you know what a Bible verse means, the last step is figuring out what God wants you to do with your new knowledge.

Think about your favorite movie. Do the characters learn something new during the movie? (Probably! Or it’s not a very good movie...) What movie are you thinking of, and what did the characters learn in the Story?

Did the characters stop there, or did they do something with their new knowledge? Example: If they learned about a secret treasure, they probably went looking for it. If they learned someone was in danger, they probably went to save them. In the movie you are thinking about, what did the characters do when they learned something new?

It’s just plain silly to learn something new and then do nothing with it. Later in these quiet times, I am going to ask YOU to figure out what you should do with your new knowledge. But for today, I’m going to help you out.

Your action step today: Use the space below to write what you learned from Ephesians 1:3-6 (it’s ok to go back and re-read it!).

Write out what you think about God’s love for you, how he chose you, and how he adopted you. That’s an amazing thing.

If you need help, start with these words: It's crazy that God loves me so much. I wish you a great quiet time with God and his word tomorrow! Please use the blank space to write down what God is speaking to you in the quiet time through his word, Blessings.

LESSON FOR KIDS AND TEENAGERS

“TAKING A DAY OF REST”

- How many of you feel that you work hard during the week or during the school year, whether it be schoolwork, daily activities, sports, practicing your instruments, or working on a project?

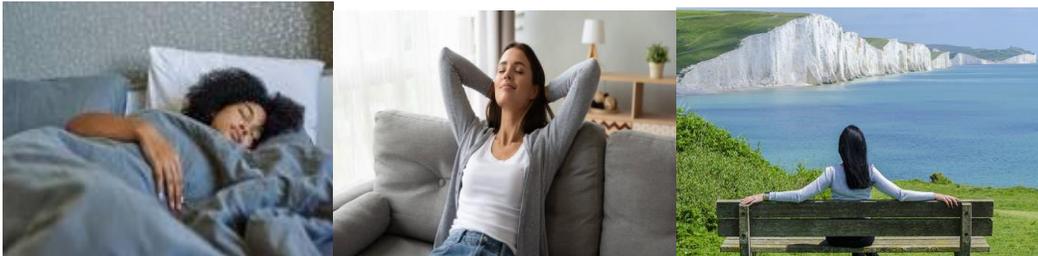
- Do you find yourself looking forward to the weekend? Why is that? Do you sleep well at night after all the activities of the day? Are resting and relaxing? Do you play some games and have fun?

- Some adults use the weekends to catch up on housework like cleaning, grocery shopping, home projects, and so..... On.

- Do you think it's important to make time for rest? Why is that? We all need to take time to slow down, look at what we have accomplished, and renew our strength and energy.

*** The subject of this morning: Everyone needs a Day of Rest**

*** Object: Sleeping Image or relaxing position**



*** Scripture:**

- **Genesis 2:1-3**, Thus the heavens and the earth were completed in all their vast array. 2By the seventh day God had finished the work he had been doing, so on the seventh day he rested from all his work. 3 And God blessed the seventh day and made it holy because on it he rested from all the work of creating that he had done.

*** Let us turn back and focus on the creation story from Genesis, we can learn that God rested after he created the heavens and earth, let us read again (Genesis 2:1-3),** Thus the heavens and the earth were completed in all their vast array. 2By the seventh day God had finished the work he had been doing, so on the seventh day he rested from all his work. 3 And God blessed the seventh day and made it holy because on it he rested from all the work of creating that he had done.

*** Here we can see,**

- By the seventh day God had finished the work he had been doing, so on the seventh day, he rested from all his work.

- And God blessed the seventh day and made it holy because on it he rested from all the work of creating that he had done.

- Even God felt it was important to take a break. He created the world for six straight days and then rested on the seventh day.

- Many adults work more than six or seven days without taking a day of rest or a day off. If we work too much without any breaks, we become very tired and not as productive as we could be. So, we all need to take some time for rest, even if it cannot be a full day.

*** Let us pray:**

Dear God, thank you for creating the heavens and earth and thank you for showing us that it is important to take a break and rest so we can renew our strength and energy. In Jesus' Name, Amen.

*** The time for discussion in a Group and then closing with a prayer.**

THE TIME WITH GOD IN HIS WORD ACCORDING TO (ROMANS 13:11-14), AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

11 And do this, understanding the present time. The hour has come for you to wake up from your slumber because our salvation is nearer now than when we first believed. 12 The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light. 13 Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. 14 Rather, clothe yourselves with the Lord Jesus Christ and do not think about how to gratify the desires of the sinful nature.

*** Introduction:**

People always like to know what time is! Because they have a busy program that needs to start and finish on time. In the past before education, people measured time through the sun. But with the development of technology, man created the best ideas of measuring time through the clock. The clock is giving the best answers when people like to know the time. It shows the hours, the minutes, and the second.

Many people on the street, at the office, at church, and at home, are asking what is the time? Also, we must ask the same question in a different dimension. We can ask this question in a spiritual way for the Church gathering today: What is the time for God's people at this point in history? We can find the answers to this question according to this text in Romans 13:11-14.

WHAT IS THE TIME?

I. IT IS TIME TO WAKE UP SPIRITUALLY.

1. The Bible said that it is time to wake up spiritually (Romans 13:11), And do this, understanding the present time. The hour has come for you to wake up from your slumber.

*** Sleeping may be a blessing or a curse when you are lazy and unaware of your relationship with God.**

*** People in the Bible who were sleeping spiritually:**

- Jonah slept spiritually (Jonah 1:5-6).
- Samson Slept spiritually (Judges 16:19-21).
- Disciples of Jesus slept spiritually (Matthew 26:40-41).

*** God's people are too often sleeping:**

- They are not reading the Bible and meditating on it.
- They are not always praying.
- They are not coming to the Church on Sunday regularly.
- They are sharing the Gospel with those who need salvation.
- They do not visit sick people at hospitals and homes.
- They are not taking care of widows and orphans (James 1:27).

*** When the Church of God sleeping spiritually:**

- They cannot be unaware of the emergency needs of God in this world.
- They cannot be aware of the spiritual hunger that needs to be fed with the word of God.
- They cannot be aware of the need for Jesus' peace in the world.
- They cannot be aware of the desperate lost that need Jesus for their salvation.
- They cannot be aware of the power of the Gospel that can transform this broken world into the peace of peace and joy in Jesus Christ.

II. IT IS TIME TO GET UP SPIRITUALLY.

1. The Bible said that it is a time to get up spiritually for our salvation because the coming of Jesus is near.

*** We must get up from our spiritual sleeping and stand up for Jesus Christ as his second coming is near because:**

- Now is the time for the hard work for God's kingdom.
- Now is the time to be sensitive to hear God's voice.
- Now is the time to show the world that the devil is a liar.

*** Jesus' coming is nearer because we can see:**

- The sign of natural disasters like earthquakes, war, hunger, and starvation.
- Pandemic like coronavirus that destroyed many lives in the world.
- The financial crisis that taking place around the world because of the war in Ukraine.
- Believers are turning away from Jesus Christ.

*** Jesus Christ is the only solution to the spiritual need in the world (Philippians 2:10-11), that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.**

III. IT IS TIME TO DRESS UP SPIRITUALLY.

1. To dress up spiritually, we must take off dirty clothing (Romans 13:12-13), The night is nearly over, and the day is almost here. So, let us put aside the deeds of darkness and put on the armor of light. 13 Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy.

2. To dress up spiritually, we must put on a clean cloth (Romans 13:14), Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.

*** According to the text in Romans 13,**

- Jesus Christ is our clean clothing, and we must put him always on us.

- Jesus is the light of our lives.

- Jesus is the new way of our living (2Corinthians 5:17), Therefore, if anyone is in Christ, he is a new creation, the old has gone, and the new has come.

GOD BLESS YOU ALL, AMEN.

QUIET TIME 2 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Exodus 20:8-11**.

DAY THREE

QUIET TIME 2 in the Morning:

We have a problem

Welcome back! We have a big topic to cover today, so let's get right to it. And it's not a fun one. We need to talk about sin.

Step 1: Help!

Pray these words with me:

"Dear God, thank you for helping me understand the first lesson's Bible verses. Will you please help me again this morning? I need your help to understand what you have to say about sin and grace, and what they mean in my life."

Step 2: What does it say?

Read Ephesians 2:1-5 in the Bible or in your Bible application, and read it below from The Message:

"It wasn't so long ago that you were mired in that old Stagnant life of sin. You let the world, which doesn't know The first thing about living is to tell you how to live. You filled Your lungs with polluted unbelief, and then exhaled Disobedience. We all did it, all of us doing what we felt like Doing, when we felt like doing it, all of us in the same Boat. It's a wonder God didn't lose his temper and do Away with the whole lot of us. Instead, immense mercy And with incredible love, he embraced us. He took our Sin-dead lives and made us alive in Christ."

- Circle the words in the verse above that seem important to you. Which words did you circle, and what do you think they mean?

- What does it mean to be mired (or stuck) in a life of sin?

- What sins are you stuck in?

- What does it mean to be alive in Christ? (Hint: read 2Corinthians 5:17)

- So, how do we go from being stuck in sin to being alive in Christ? (Hint: read John 3:16)

Step 3: What am I going to do about it?

We've all been stuck in sin. You are NOT alone so, what are you going to do about it?

Do you want to know the WORST thing you could do with this new knowledge? The WORST thing you could do is be so embarrassed that you try to hide it from God. Spoiler Alert: He already knows! (And he still loves you!) Instead of hiding it, do the opposite. Tell God all about your sin. Tell him you've messed up. Ask him for help getting back on track. And tomorrow we'll look at how Jesus has a solution for all our sins.

What do you need to tell God about?

God knows everything about you, and you've also just told him about your sin. How do you think he feels about you now? (Hint: re-read Ephesians 2:1-5).

LESSON FOR KIDS AND TEENAGERS

“REST IN JESUS”

* **SUBJECT:** We need rest and relaxation in Jesus.

* **OBJECT:** Vacation photos



* **SCRIPTURE:** Mark 6:30-34, 53-56

30 The apostles gathered around Jesus and reported to him all they had done and taught. 31 Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.” 32 So they went away by themselves in a boat to a solitary place. 33 But many who saw them leaving recognized them and ran on foot from all the towns and got there ahead of them. 34 When Jesus landed and saw a large crowd, he had compassion for them, because they were like sheep without a shepherd. So, he began teaching them many things. 53 When they had crossed over, they landed at Gennesaret and anchored there. 54 As soon as they got out of the boat, people recognized Jesus. 55 They ran throughout that whole region and carried the sick on the mats to wherever they heard he was. 56 And wherever he went – into villages, towns, or countryside – they placed the sick in the marketplaces. They begged him to let them touch even the edge of his cloak, and all who touched him were healed.

* **How many of you have taken a vacation? I think all of you are on vacation!**

* **Please share with me where you have been during this period of vacation, and what you have been doing for relaxing and rest?**

*** As a human being, after hard work, hard studies, and activities throughout the year,**

- All of us need rest and relaxation unless for two weeks.

- All of us need to get away sometimes. Even Jesus our Lord said to his disciples to take some time off for rest.

- Bible talks about a time the disciples went to Jesus and told Him how busy they had been teaching and ministering to the needs of people. "There have been so many people coming and going that we didn't even have time to stop and eat," they told Jesus.

- "Come with me to a quiet place so that you can get some rest," Jesus said to the disciples.

- So, the Bible tells us that they got in a boat. And they went away with Jesus to a quiet place.

- Yes, we all need time to get away, even Jesus and His disciples needed to rest!

*** Let us pray,**

Dear God, thank you for work, for play, and for school. We also thank you for those times when we can get away from it all and get some rest. In Jesus' Name.

THE TIME WITH GOD IN HIS WORD ACCORDING TO THE GOSPEL OF (MATTHEW PHILIPPIANS 3:7-11), AND AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

7 But whatever was to my profit I now consider loss for the sake of Christ. 8 What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ – the righteousness that comes from God and is by faith. 10 I want to know Christ and the power of his resurrection and the fellowship of sharing in his suffering, becoming like him in his death, 11 and so, somehow, to attain the resurrection from the dead.

Introduction:

In our lives as Christians, Jesus must be number one in whatever we think and do, and every day, we must love him with the first love.

* After Apostle Paul consider everything, he accomplished in his life, he decided to write it all off as “worthless” when compared with the greatness of knowing Jesus Christ.

* We should value our relationship with Jesus Christ as more important than anything else and knowing Jesus Christ should be our goal.

How do we know Jesus Christ better?

- We must study the life of Jesus Christ in the Gospels and see how he lived and responded to people (**Matthew 11:29**), “Take my yoke upon you. Jesus said that so we can allow him to teach us, because He is humble and gentle at heart, and you will find rest for your souls.

- We must study all New Testament references that related to the person of Jesus Christ (**Colossians 1:15**) “Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation,” (**Colossians 2:15**) “in this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.”

- As we worship and pray, let the Holy Spirit remind us of Jesus Christ’s words (**John 14:26**) “the Holy Spirit-he will teach you everything and will remind you of everything I have told you.”

- We must carry out the mission of Jesus Christ to preach the gospel and learn from his suffering (**Matthew 28:19, Philippians 3:10**).

* **Brothers and sisters**, if we want to know Jesus Christ better, we must change some of our plans, goals, and desires to set aside a few minutes each day for prayer and personal Bible study. That's why we must decide for Jesus Christ as the song says: I have decided to follow Jesus, no turning back, no turning back.

DECIDE FOR JESUS AND FOLLOW HIM

I. WHEN YOU DECIDED TO FOLLOW JESUS, HE WILL BE NUMBER ONE IN YOUR LIFE.

1. In your life Jesus is number one, and nothing can take his place.

- **(Philippians 3:7)**, 7 But whatever was to my profit I now consider loss for the sake of Christ.

* **What are the things Apostle Paul considered lost and rubbish for the sake of Jesus Christ.**

- **(Philippians 3:4-6)**, Though I myself have reasons for such confidence. If anyone else thinks he has reasons to put confidence in the flesh, I have more: 5 circumcised on the eighth day of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews, in regard to the law, a Pharisee, 6 as for zeal, persecuting the Church, as for legalistic righteousness, faultless.

2. In your life Jesus is number one, and everything apart from him is rubbish compared to the greatness of Jesus.

- **(Philippians 3:8)**, 8 What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ

3. In your life Jesus is number one, and you desire only his righteousness.

- **(Philippians 3:9)**, 9 and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ – the righteousness that comes from God and is by faith.

4. In your life Jesus is number one, you are willing to know him more and more.

- **(Philippians 3:10)**, 10 I want to know Christ and the power of his resurrection and the fellowship of sharing in his suffering, becoming like him in his death,

5. In your life Jesus is number one, you are willing to participate in the resurrection day when Jesus comes back in glory.

- **(Philippians 3:11)**, 11 and so, somehow, to attain the resurrection from the dead.

CONCLUSION:

“Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it, but one thing I do: Forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus (Philippians 3:12-14).

**God bless you all,
Amen.**

QUIET TIME 3 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Psalm 46:10-11**.

DAY FOUR

QUIET TIME 3 in the Morning:

He is the solution

Step1: Help!

Spend some time praying and asking for God to help you understand today's Bible verse.

Step 2: What does it say?

Today's Scripture comes right after yesterday. Read Ephesians 2:6-10.

“Now God has us where he wants us, with all the time in this world and the next to shower grace and kindness upon us in Christ Jesus. Saving is all his idea, and all his work. All we do is trust him enough to let him do it. It's God's gift from start to finish! We don't play the major role. If we did, we'd probably go around bragging that we'd Done the whole thing! No, we neither make nor save Ourselves. God does both the making and saving. He Creates each of us by Christ Jesus to join him in the work He does, the good work he has gotten ready for us to do, Work we had better be doing.”

Circle the words that seem important. Which words did you circle? Why do they seem important?

Who saves us?

What is He saving us from?

How did He save us? (Hint: read Isaiah 53:5. Isaiah is in the middle of the Bible)

Step3: What am I going to do about it?

Re-read the Ephesians' verse. Is it your job to save yourself?

God saves us. It is His job, and it's His gift to us. But guess what! There is something else you can (and must!) do. Read Romans 10:9: "If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved."

There are two things it asks you to do.

What are you supposed to do with your heart?

What are you supposed to do with your mouth?

Spend some time talking to God (or writing to God) about what you have learned today, and be ready for the quiet time with God tomorrow. Blessings

LESSON FOR THE KIDS AND TEENAGERS KNOCK, KNOCK. WHO'S THERE?

* **SUBJECT:** God Answers Prayer.

* **OBJECT:** Image with a Friend Knocking at the Door.



* **SCRIPTURE:** Luke 11:1-13,

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.” 2 He said to them, “When you pray, say: “‘Father, ‘hallowed be your name, your kingdom come. 3 Give us each day our daily bread. 4 Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation. 5 Then he said to them, “Suppose one of you has a friend, and he goes to him at midnight and says, ‘Friend, lend me three loaves of bread, 6 because a friend of mine on a journey has come to me, and I have nothing to set before him.’ 7 “Then the one inside answers, ‘Don’t bother me. The door is already locked, and my children are with me in bed. I can’t get up and give you anything.’ 8 I tell you, though he will not get up and give him the bread because he is his friend, yet because of the man’s boldness he will get up and give him as much as he needs. 9 “So I say to you: Ask and it will be given to you, seek and will find, knock and the door will be opened to you. 10 For everyone who asks receives, he who seeks finds, and to him who knocks, the door will be opened. 11 “Which of you fathers, if your son asks for a fish, will give him a snake instead? 12 Or if he asks for an egg, will give him a scorpion? 13 If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in Heaven give the Holy Spirit to those who ask him!”

* (A short drama with a Knock, Knock, and the Children responding, "Who's there?")

* Knock, knock. (Who's there?) John. (John who?) You're welcome!

* Knock, knock. (Who's there?) Gudi. (Gudi who?) You're welcome!

* Knock, knock. (Who's there?) Ying. (Ying who?) You're welcome!

* **The Bible tells us about a time Jesus was talking about knock, knock, knocking. Now all of you make a knock, knock motion.**

* **In this simple explanation, we can understand the teaching of Jesus Christ to his disciples according to our text in Luke 11:1-13:**

- One day, Jesus was teaching His disciples how to pray. He said that prayer is meant to ask God or someone to help you in your time of need. He gave an example of someone who went to his friend at the midnight and asked for bread because his friend came to visit, and he have nothing bread to feed him.

- "What if the friend answers, 'I can't help you right now. It's late and we're already in bed.' But what if you keep knocking on the door? Jesus said, "If you knock so long that you wake everyone in the neighborhood, your friend will get up and give you some bread."

- Jesus used this story to tell His disciples or His friends and us to knock on God's door by asking for what we need. He says, "Everyone who asks will get what he asks for. Everyone who looks will find what he is looking for. Everyone who knocks will have the door opened to him.

- Jesus said prayer is a way to ask, seek, and knock. Jesus even taught His disciples a way to pray. We call this prayer the Lord's prayer. Let's pray it now. I am inviting all of you to pray with me the Lord's prayer:

"Our Father in heaven, holy is your name, your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For Yours is the kingdom, the power, and the glory, forever and ever. In Jesus' Name, Amen.

THE TIME WITH GOD IN HIS WORD ACCORDING TO THE GOSPEL OF (ROMANS 8:28-39), AND AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose. 29 For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be firstborn among many brothers. 30 And those he predestined, he also called, those he called, he also justified, those he justified, he also glorified. 31 what, then, shall we say in response to this? If God is for us, who can be against us? 32 He who did not spare his own Son, but gave him up for us all – how will he not also, along with him, graciously give us all things? 33 who will bring any charge against those whom God has chosen? It is God who justifies. 34 Who is he, that condemns? Christ Jesus, who died – more than that, who was raised to life – is at the right hand of God and is also interceding for us. 35 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? 36 As it is written: “For your sake, we face death all day long, we are considered as sheep to be slaughtered.” 37 No, in all these things we are more than conquerors through him who loved us. 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Introduction,

In this world, there are many types of crises, for example:

- There is an economic crisis, there is a hunger and starvation crisis, there is a financial crisis, there is a family crisis, there is a health care crisis, there is a war crisis, and there is a natural disaster crisis like an earthquake and flood.

Only Jesus Christ can help us to overcome all these crises because in the name of Jesus every knee should bow, in heaven and on earth and under the earth and every tongue confess that Jesus Christ is the Lord, to the glory of God the Father.

THE TIME OF CRISIS

WHAT CAN WE DO IN A TIME OF CRISIS?

I. IN A TIME OF CRISIS WE HAVE TO BELIEVE IN GOD.

1. When we believe in God in a time of crisis, God will work out everything together for our good.

- **(Romans 8:28)**, 28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

2. When we believe in God in a time of crisis, God can transform our lives to the likeness of his Son Jesus Christ.

- **(Romans 8:29-30)**, 29 For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be firstborn among many brothers. 30 And those he predestined, he also called, those he called, he also justified, those he justified, he also glorified.

II. IN A TIME OF CRISIS WE HAVE TO KNOW THAT GOD IS WITH US.

1. When we know that God is with us in a time of crisis, we will not be afraid of anyone or any situation.

- **(Romans 8:31)**, 31 what, then, shall we say in response to this? If God is for us, who can be against us?

2. When we know that God is with us in a time of crisis, we will remain in his protection with confidence.

- **(Romans 8:32)**, 32 He who did not spare his own Son, but gave him up for us all – how will he not also, along with him, graciously give us all things? 33 who will bring any charge against those whom God has chosen? It is God who justifies.

III. IN A TIME OF CRISIS WE HAVE TO LOOK UP AT THE CROSS OF JESUS.

1. When we look at the cross of Jesus in a time of crisis, we are praying together with Jesus at the right hand of God in heaven.

- **(Romans 8:34)**, 34 Who is he, that condemns? Christ Jesus, who died – more than that, who was raised to life – is at the right hand of God and is also interceding for us.

IV. IN A TIME OF CRISIS WE HAVE TO KNOW THAT GOD IS TAKING CARE OF US.

1. When we know that God is taking care of us in a time of crisis, we can be calm in any situation and condition.

- **(Romans 8:35-36)**, 35 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? 36 As it is written: “For your sake, we face death all day long, we are considered as sheep to be slaughtered.”

V. IN A TIME OF CRISIS WE HAVE TO KNOW THAT WE HAVE VICTORY IN JESUS CHRIST.

1. When we know that we have victory in Jesus Christ in a time of crisis, we will praise Him for the good things that he is doing in us.

- **(Romans 8:37)**, No, in all these things we are more than conquerors through him who loved us.

Conclusion:

- **Romans 8:38-39**), 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

God bless you all, Amen.

QUIET TIME 4 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Hebrews 4:14-16**.

DAY FIVE

QUIET TIME 4 in the Morning:

God will work through you.

Step 1: Help!

You know the drill! Ask God for help understanding today's Bible verses.

Step 2: What does it say?

Read Ephesians 3:7-12 in your own Bible or from the Message below:

"This is my life work: helping people understand and respond to this Message. It came as a sheer gift to me, a real surprise, God handling all the details. When it came to presenting the Message to people who had no background in God's way, I was the least qualified of any of the available Christians. God saw to it that I was equipped, but you can be sure that it had nothing to do with my natural abilities. And so here I am, preaching and writing about things that are way over my head, the inexhaustible riches, and generosity of Christ. My task is to bring out in the open and make plain what God, who created all this in the first place, has been doing in secret and behind the scenes all along. Through followers of Jesus like yourselves gathered in Churches, this the extraordinary plan of God is becoming known and talked about even among the angels! All this is proceeding along lines planned all along by God and then executed in Christ Jesus. When we trust in him, we're free to say whatever needs to be said, bold to go wherever we need to go."

Ok, that is super long. Let's break it down.

"This is my life work: helping people understand and respond to this message." What Message is the writer talking about? (Hint: What did we talk about yesterday?)

“God saw to it that I was equipped, but you can be sure that it had nothing to do with my natural abilities.” The writer of this letter felt like he did not have the natural abilities to help people understand the Message, so God “equipped” him to do it, which literally means that God gave him the help/equipment he needed to do the job. Why do you think God uses people who don’t have amazing natural abilities? Why do you think He uses ordinary people like you and me?

Step 3: What am I going to do about it?

Go back and re-read the whole passage. What do you think God is saying to you through these verses? Does He have any messages for you?

What is God asking you to do? (If you don’t know, that’s ok! Spend some time talking to God, asking Him what he wants you to do. He might tell you then, or He might wait a while. Both are normal and totally fine.)

Please get excited for the quiet time of tomorrow! Blessings

LESSON FOR THE KIDS AND TEENAGERS

TREASURES IN HEAVEN

* **SUBJECT:** Laying up Treasures in Heaven.

* **OBJECT:** Money image.



* **SCRIPTURE:** Luke 12:33-34

33 Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will not be exhausted, where no thief comes near, and no moth destroys. 34 For where your treasure is, there your heart will be also.

* **Do you have a special place in the house where you keep your Money secretly apart from your wallet?** Some people have a piggy bank at home, they so often put some money in it from time to time. I know my wife Geta who, used to put all the change from her wallet into a piggy bank. It may not be a lot of money, but when she adds to it every day, it is amazing how quickly it builds up and multiply.

* **We must know that,** whether we use a piggy bank or a savings account at the bank, it is a good idea to have a plan to save money for unexpected emergencies or when we want to do something special. One thing we must be careful of is that the treasure that we are building doesn't become the most important thing in our life. Jesus warned about that in teaching his disciples about money. He told them that they should not worry so much about building up treasures on earth, but that they should concentrate on building up treasures in heaven. **Treasures in heaven?** Yes, treasures in heaven! How do we build up treasures in heaven? Jesus taught his disciples that one way to build up treasures in heaven is to give money to the poor. Can you think of some other ways that we might build up treasure in heaven? I think we build up treasure in heaven when we do things to help others.

We can do things like:

- Visiting the sick
- Helping to feed the hungry and homeless
- Being cheerful and thoughtful to someone who is sad
- Praying for one another
- Working in a shelter for the homeless
- Being a friend to someone who is lonely
- Forgiving someone who has hurt you
- Saying you're sorry when you hurt someone

All of these are things that we can here on earth that will be stored up as the “treasures in heaven” about which Jesus spoke. They may not seem like much, but if we do something for someone each day, it is amazing how quickly they add up.

*** Let us Pray,**

Father, we may never have much in the way of earthly treasure but help us to be faithful each day in building up treasure in heaven. **In Jesus' Name, Amen.**

THE TIME WITH GOD IN HIS WORD ACCORDING TO THE GOSPEL OF (MATTHEW 20:17-28), AND AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

17 Now as Jesus was going up to Jerusalem, he took the twelve disciples aside and said to them, 18 “We are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and the teachers of the law. They will condemn him to death 19 and will turn him over to the Gentiles to be mocked and flogged and crucified. On the third day, he will be raised to life! 20 Then the mother of Zebedee’s sons came to Jesus with her sons and, kneeling, asked a favor of him. 21 “what is it you want?” he asked. She said, “Grant that one of these two sons of mine may sit at your right and the other at your left in your kingdom.” 22 “You don’t know what you are asking,” Jesus said to them. “Can you drink the cup I am going to drink?” “We can,” they answered. Jesus said to them, “You will indeed drink from my cup, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared by my father.” 24 When the ten heard about this, they were indignant with the two brothers. 25 Jesus called them together and said, “You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. 26 Not so with you. Instead, whoever wants to become great among you must be your servant, 27 and whoever wants to be first must be your slave – 28 just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

Introduction:

In the Gospel of Matthew 20:17-19, Jesus predicted his death and resurrection for the third time, you can find this truth in Matthew 16:21, and Matthew 17:22-23, for the first two times. But Jesus’ disciples still did not accept the idea and believe what Jesus meant by predicting his suffering and death. The disciples continued to argue over their positions in the kingdom of God and who will be the first, but Jesus corrected their attitudes, and after his resurrection, he reminded them to go to the end of the earth and share the Gospel with all nations (Matthew 28:18-28). We have a mission from Jesus while we are on the earth:

THE MISSION OF JESUS ON EARTH

I. THE MISSION OF JESUS ON THE EARTH WAS THE MISSION OF SALVATION.

1. Jesus was focused on his mission on earth, and he was aware that he came to die for our salvation.

- **(Matthew 2:17-19)**, 17 Now as Jesus was going up to Jerusalem, he took the twelve disciples aside and said to them, 18 “We are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and the teachers of the law. They will condemn him to death 19 and will turn him over to the Gentiles to be mocked and flogged and crucified. On the third day, he will be raised to life!

*** As the Church, we must be like our Lord Jesus:**

- We must know our mission from God in our families,
- We must know our mission from God in our Church,
- And we must know our mission from God in this world.

II. THE MISSION OF JESUS ON THE EARTH WAS THE MISSION OF COMMITMENT TO THE WILL OF HIS FATHER.

1. Jesus was aware of his place and mission in the kingdom of God, and he came on the earth with a strong commitment to remaining in the will of his Father who sent him.

- **(Matthew 20:20-23)**, 20 Then the mother of Zebedee's sons came to Jesus with her sons and, kneeling, asked a favor of him. 21 "what is it you want?" he asked. She said, "Grant that one of these two sons of mine may sit at your right and the other at your left in your kingdom." 22 "You don't know what you are asking," Jesus said to them. "Can you drink the cup I am going to drink?" "We can," they answered. Jesus said to them, "You will indeed drink from my cup, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared by my father."

*** The Mother of two Sons of Zebedee prayed to Jesus for big things:**

- Praying to God for big things is good, but the father in heaven knows our intention when we pray.

- Praying to God for big things is good, but the father in heaven knows why we asked for our needs.

- Praying for big things is good, but the father in heaven knows if what we asked in prayer is again his will.

- Prayer for big things is good, but the father in heaven knows how we will use what we asked from him in prayer. Therefore, we must be careful and think carefully before we pray.

III. THE MISSION OF JESUS ON THE EARTH WAS THE MISSION OF SERVING.

1. Jesus was teaching his disciples to know that the spirit in the kingdom of God is the spirit of serving and not the spirit of competitions and positions.

- **(Matthew 20:24-28)**, 24 When the ten heard about this, they were indignant with the two brothers. 25 Jesus called them together and said, “You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. 26 Not so with you. Instead, whoever wants to become great among you must be your servant, 27 and whoever wants to be first must be your slave – 28 just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

*** A greater example of the leadership of the Church we can find in (John 13:1-17):**

- In the world, the master is to be served, but in the kingdom of God, the master is serving.
- In the world, the master is giving a command, but in the kingdom of God, the master is working side by side with his servants.
- In the world the master is proud, but in the kingdom of God, the master is humble.

*** Jesus described the leadership in the Church from a new perspective of his kingdom:**

- Instead of using people, we are to serve them.
- Jesus’ mission on the earth was to serve alongside his servants.
- A real leader has a servant’s heart and blesses his servant with his character.
- Humble leaders appreciate their workers, and they are not showing themselves that they are above the workers under them.
- Humble leaders show examples by hard work together with their servants.
- Humble leaders are faithful to God and faithful to their servants.

God bless you, Amen.

QUIET TIME 5 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Psalm 127:1-3**.

DAY SIX

QUIET TIME 5 in the Morning:

Get Going!

Step 1: Help!

Take time to pray, thanking God for all you have learned so far, and asking Him to help you understand today's Bible verses.

Step 2: What does it mean?

Read Ephesians 4:1-3. Here it is in the Message version:

“In light of all this, here’s what I want you to do. While I’m Locked up here, a prisoner for the Master, I want you to Get out there and talk – better yet, run! – on the road, God called you to travel. I don’t want any of you sitting around on your hands. I don’t want anyone strolling off, down some path that goes nowhere. And mark that you do this with humility and discipline – not in fits and starts, but steadily, pouring yourselves out for each other in acts of love, alert at noticing differences and quick at mending fences.”

Paul, who was in jail at the time, is telling the people of Ephesus that they needed to get a move on! And he wasn’t talking about a road trip or vacation. He was asking them to start growing their faith and taking a symbolic journey on the road toward a deeper faith in Jesus.

When he described this journey of faith, he told them to do five things, and he told them NOT to do three things.

These are the things he does NOT want you to do.

- What do you sit around on your hands:
- Strolling off down some path that goes nowhere:
- Not in fits and starts:

These are the things he WANTS you to do. What does it mean to do these five things as you follow God?

- Walk-better yet, run! -on the road God called you to travel:

- Do this with humility and discipline:

- Steadily:

- Pour yourself out for each other in acts of love:

- (Be) Alert at noticing differences and quick at mending fences:

Step 3: What am I going to do about it?

- Which of those commands is easiest for you?

- Which ones are hardest for you?

- Do any of them make you excited to follow God? Which ones and why?

- What are you going to do today to follow the road God has for you?

Please be exciting about tomorrow's quiet time! Blessings

LESSON FOR THE KIDS AND TEENAGERS

RUN WITH ENDURANCE

* **SUBJECT:** Run with endurance the race that God has set before us.

* **OBJECT:** Cup and Meddle.



* **SCRIPTURE:** Hebrews 12:1-2,

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. 2 Let us fix our eyes on Jesus, the author, and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

* **Athletes competition:**

- The athletes are working hard every day preparing themselves for the opportunity to represent their country and to try to win Golden Medal or race Cup. They are to keep their eyes on the prize and will not let anything stand in the way of doing their very best.

- Our Bible lesson today describes a race that you and I are running that is even bigger and more important than the Olympics. Our Bible lesson today says, "Since we are surrounded by such a huge crowd of witnesses, let us run the race that God has set before us. Throw aside anything that will slow you down. Keep your eyes on Jesus."

- What is this race that we have before us? It is the race of following the example that Jesus set for us and expects us to follow as one of his disciples. It is a race of obedience to God's word and faithfulness to Jesus' call to "Follow Him."

- Can you imagine an Olympic athlete starting the race and giving up when the medal was within his or her reach? The race may not be easy, but the prize will be worth giving our all. Never give up! Keep your eyes on Jesus and, like the Apostle, Paul said, "Press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

*** Let us pray:**

Father, help us to be faithful in running the race which you have set before us. We pray that we will keep our eyes on Jesus and follow the example he set for us. Keep us from the sin that will keep us from faithfully running our race. **In Jesus' Name, we pray, Amen.**

THE TIME WITH GOD IN HIS WORD ACCORDING TO THE GOSPEL OF (JOHN 10:10), AND AFTERWARD FOLLOW BY DISCUSSION IN A GROUP.

10 The thief comes only to steal and kill and destroy, I have come that they may have life, and have it to the full.

*** Introduction:**

- Depression is something that has been around for thousands of years. **The definition of depression is:** “The spirit that makes someone hopeless and thinking of being good for nothing.”

- Major depression is an episode of sadness or apathy along with other symptoms that lasts at least two consecutive weeks and is severe enough to interrupt daily activities.

- People who suffer from depression often are sad or uninterested in anything even the Church and the word of God.

- Depression people sleep a lot and enjoy spending time in the darkness, rather than in the light.

- The word of God encourages you to come out of the darkness and not to concentrate on the things of others when you ask yourself why you don't have what others have.

- This will take your focus from yourself and help you to find true peace and joy in serving others with love.

- I have found some ideas in the Bible that should help you to overcome depression times in your life.

- Before I speak about the solution to depression through the Scriptures, I would like to read to you from (Philippians 4:8), Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.

* Please think and meditate seriously on these words of Apostle Paul through the Holy Spirit.

DEPRESSION

I. GOD WILL NEVER TURN AWAY FROM YOU IN A TIME OF DEPRESSION.

1. God will never leave you nor forsake you in a time of depression.

- **(Deuteronomy 31:8)**, The Lord himself goes before you and will be with you, he will never leave you nor forsake you. Do not be afraid, do not be discouraged.”

2. God looks at you as the apple of his eyes.

- **(Deuteronomy 32:10)**, In a desert land, he found him, in a barren and howling waste. He shielded him and cared for him, he guarded him as the apple of his eyes,

3. God can deliver you when you pray to him to take away your depression.

- **(Psalm 34:17)**, The righteous cry out, and the LORD hears them, he delivers them from all their troubles.

4. God will set you free from the thought of committing suicide and make you encourage others to trust him.

- **(Psalm 40:1-3)**, I waited patiently for the LORD, he turned to me and heard my cry. 2 He lifted me out of the slimy pit, out of the mud and mire, he set my feet on a rock and gave me a firm place to stand. 3 He put me a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him.

II. TRUST GOD AND HAVE HOPE IN HIM IN A TIME OF DEPRESSION.

1. God is your protector and helps in a time of depression and confusion.

- **(Psalm 3:3)**, But you, LORD, are a shield around me, my glory, the One who lifts my head high.

2. God is your confidence in a time of depression.

- **(Psalm 32:10)**, Many are the woes of the wicked, but the LORD’s unfailing love surrounds the one who trusts in him.

3. God is your delight in a time of depression.

- **(Psalm 37:3-4)**, Trust in the LORD and do good, dwell in the land, and enjoy safe pasture. 4 Take delight in the LORD, and he will give you the desires of your heart.

4. Ask yourself when you are in deep depression, turn your eyes away from pain and look to God in prayer for help.

- **(Psalm 42:11)**, Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will praise him, my Savior, and my God.

5. Cast your problem to God in a time of depression and he will care for you.

- **(1Peter 5:5-7)**, In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because "God opposes the proud but shows favor to the humble." 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 cast all your anxiety on him because he cares for you.

III. DON'T WORRY IN A TIME OF DEPRESSION BECAUSE YOU ARE IN THE PLAN OF GOD.

1. God has a plan for your future.

- **(Jeremiah 29:11)**, For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

2. God is your victory over deep depression.

- **(John 16:33)**, "I have told you these things, so that in me you may have peace. In this world, you will have trouble. But take heart! I have overcome the world."

3. God can give you the courage to overcome fear in a time of depression.

- **(Roman 8:37-39)**, No, in all these things we are more than conquerors through him who loved us. 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

4. God can comfort you in a time of depression.

- **(2Corinthians 1:3-4)**, Praise be to God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, 4 who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

*** I would like to inform you that depression is real, and if you are fighting it, I would like to assure you that you are not alone, God is with you:**

- Depression became a problem for many people around the world, still, it will be a problem for many people.

- In the Bible, greater men of God had depression like Moses, Elijah, David, Job, and Judah the betrayal of Jesus.

- President of America Abraham Lincoln's depression to the level of suicide when he was a young adult, but he turned his life to the Bible, and meet Jesus Christ, and he was free from depression.

- Depression is a spirit of darkness that confused people in every area of their lives.

- Depression is the physical and emotional result of hopelessness – the feeling of hopelessness. We live in the world of discouragement, and depression is the emotional product of that reality. The only thing that will change and destroy the cause and effects of depression is the word of God.

- Hope in God will let you again see the future positive and the possibility of your life becoming bright.

- The good word of God and the good words of encouragement from others can help you to overcome depression.

- Please spend time in the word of God and prayer and attend your church regularly for your spiritual refreshing.

- The word of God can motivate you to have faith, peace, hope, and victory over depression.

- If you are suffering from ongoing depression, seek out a pastor and prayers of believers in your Church.

- I share this message to all of us, but in a special way, to those who are passing the pain of depression because you are important and a value in the eyes of God and in the Church.

- I would like to tell you that, you are not alone, and with God's help, you will come out from the pit of depression (**Proverbs 12:25**), An anxious heart weighs a man down, but a kind word cheers him up.

*** Jesus is here to set you free from depression and it is dependent on you if you want to be free and listen carefully to the declaration of Jesus Christ about himself (Luke 4:18-19), "The Spirit of the Lord is on me because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, and 19 to proclaim the year of the Lord's favor.**

God bless you all, Amen.

QUIET TIME 6 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text
- Meditation on the Bible Text
- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Psalm 23:1-6**.

DAY SEVEN

QUIET TIME 6 in the Morning:

A Better Life

Step 1: Help!

Time for prayer! Ask for God's help in understanding today's Bible verses.

Step 2: What does it say?

Below is Ephesians 4:25-32. As you read, underline the things God does NOT want you to do. (Circle the things God wants you to do).

What this adds up to, then, this: no more lies,
No more pretense. Tell your neighbor the truth.
In Christ's body, we're all connected to each
Other, after all. When you lie to others, you end
Up lying to yourself.

Go ahead and be angry. You do well to be
Angry – but don't use your anger as fuel for
Revenge. And don't stay angry. Don't go to bed
Angry. Don't give the Devil that kind of foothold
In your life.

Did you use to make ends meet by stealing?
Well, no more! Get an honest job so that you
Can help others who can't work.

Watch the way you talk. Let nothing foul or dirty
Come out of your mouth. Say only what helps
each word a gift.

Don't grieve God. Don't break His heart. His Holy
Spirit, moving and breathing in you, is the most
An intimate part of your life, making you fit for
Himself. Don't take such a gift for granted.

Make a clean break with all cutting, backbiting,
Profane talk. Be gentle with one another,
Sensitive. Forgive one another as quickly and
Thoroughly as God in Christ forgave you.

Do you see any patterns with the things you underlined?

Are there any patterns in the things you circled?

Step 3: What am I going to do about it?

What is something that you underlined that you struggle with?

Do you remember what you are supposed to do with sin? Who saves you from that sin? And what are you supposed to do after you've given it over to Him?

Look at the words you circled. Which one do you want to do more of?

Spend some time praying, asking God to help you walk away from the things that are underlined, and to help you do more of the things that are circled. This will be a life-long project, making you more like Jesus! Ask your youth leader or pastor about it sometime. I bet they are NOT perfect and still talk to God about the things they need to get rid of, and the new person they are becoming. (Does that surprise you?)

QUIET TIME 7 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text
- Meditation on the Bible Text
- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Philippians 4:6-7**.

DAY Eight

QUIET TIME 7 in the Morning:

Love Like That

Step 1: Help!

I bet you know this part by now! Say a prayer to get your devotion started. Do you remember what to ask for?

Step 2: What does it say?

Read Ephesians 5:1-2. Here is the Message:

“Watch what God does, and then you do it, like children
Who learns proper behavior from their parents mostly what
God does is love you. Keep company with him and learn
A life of love. Observe how Christ loved us. His love was
Not cautious but extravagant. He didn’t love in order to
get something from us but to give everything of himself to
Us. Love like that.”

Circle the words that seem important. Why did you choose those words?

If we can’t see God, how are we supposed to “watch what God does, and then you do it”?

It says to “keep company with him and learn a life of love.” How do we “keep company” with God? What can you do every day to spend time with him?

What would cautious love look like? What does extravagant love look like? Which one is the love of Christ?

How are we supposed to love people?

Step 3: What am I going to do about it?

These Bible verses make it clear that we are supposed to have BIG, EXTRAVAGANT love for other people. What can you do today to show love to the people around you?

Are there any people that you have a hard time loving? Maybe there is someone who's mean to you at school, or maybe you have a sibling who is super obnoxious. List those people below and use the rest of the space to brainstorm how you can be more loving to them with extravagant, Christ-like love.

An important note: Is there someone who has hurt you, either physically or with their words? You are not alone. And sometimes in these awful situations, the only safe way to love them like Jesus is to pray for our enemies (see Matthew 5:44). If you have never told someone about what has happened, I hope you will talk to your youth leader or another adult that you trust. We love you and want to help.

QUIET TIME 8 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text
- Meditation on the Bible Text
- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Matthew 14:22-23**.

DAY NINE

QUIET TIME 8 in the Morning:

Put on your armor!

Step 1: Help!

Dear God, please help me to understand today's Bible verses. Show me what you want me to do and lead me on the journey that brings me closer to you! Amen

Step 2: What does it say?

Read Ephesians 6:10-17.

Draw a picture of the armor of God. Make sure to label all the parts!

The verse describes our enemy. Who/what is it?

Why do we need this armor?

Who gives us this armor?

Step 3: what am I going to do about it?

How do we put on the armor? What should we do daily to strengthen our armor?

If we put this armor on every day, and we stand our ground, what will happen when the enemy comes to attack us?

Spend some time praying and thanking God for the armor he gives us! Thank him for the Bible, His Word that teaches us how to live and strengthens us for all that is to come.

Did you know that you can use these three steps any time you read the Bible? Just remember:

1. Help!
2. What does the Bible verse say?
3. What am I going to do about what I have learned?

QUIET TIME 9 in the Evening

* Time with God in his word before sleeping:

- Reading the Bible Text

- Meditation on the Bible Text

- Pray according to the Bible Text.

* Open your Bible (or a Bible application) to the Bible Text in **Mark 1:35-37**.

Contents:

- | | |
|---------------------|--------------------|
| 1. Greetings | Page 1 |
| 2. Day One | Pages 2-5 |
| 3. Day Two | Pages 6-14 |
| 4. Day Three | Pages 15-22 |
| 5. Day Four | Pages 23-30 |
| 6. Day Five | Pages 31-38 |
| 7. Day Six | page 39-48 |
| 8. Day Seven | Pages 49-51 |
| 9. Day Eight | Pages 52-54 |
| 10. Day Nine | Pages 55-57 |

**I HOPE YOU WILL HAVE A BLESSING TIME WITH GOD IN THE
CAMP, AND I WISH YOU A BLESSING TIME ALWAYS IN THE
BIBLE**

BY PASTOR PETER RONG

